### **Psych CE**

# **Decreasing Medical Errors and Minimizing Clinical Risks**

- 1. The failure of a planned action to be completed as intended or the use of a wrong plan to achieve an aim is the definition of
- A. Risk management
- B. Error prevention
- C. Medical error
- D. Clinical risk
- 2. The first step when working with a client experiencing suicidal ideations is
- A. Complete a safety plan
- B. Complete a suicide risk assessment
- C. Refer to a higher level of care
- D. Create a treatment plan
- 3. One aspect that leads to diagnostic errors is
- A. Cognitive bias
- B. Cognitive reasoning
- C. Ignorance
- D. Providers' lack of empathy
- 4. A misdiagnoses may have all of the following effects on a client except
- A. Mistrust in the provider and/or system
- B. Confusion
- C. Worsening condition
- D. Successful medication results
- 5. Medication errors are most likely to occur in the following setting
- A. Outpatient Substance Abuse Treatment
- B. Outpatient Community Mental Health Agency
- C. Private Practice Setting
- D. Mental Health Hospital

#### 6. Most states mandatory reporting laws cover the following vulnerable populations except

- A. Children
- B. Elderly
- C. Disabled
- D. Immigrants

#### 7. The minimum standard that must be met for a mandated reporter to make a report is

- A. Reasonable cause
- B. When the abuse is witnessed
- C. When the abuse is directly disclosed
- D. When another person can corroborate the allegation

#### 8. Are unethical, exploitive and harmful to the client.

- A. Boundary Crossing
- B. Boundary Violation
- C. Social Justice
- D. Conflicts of Interest

#### 9. Viewing a clients social media account

- A. Can be entertaining
- B. Can inform the provider on areas to address in the next session
- C. May be unethical based on one's professional code of ethics
- D. Helps verify they are following their treatment plan

#### 10. Providers using social media in a professional capacity should have

- A. Social Media Policy
- B. Accept friend requests from previous clients
- C. Solicit testimonials for their business page
- D. Offer clinical advice to commenters

#### 11. When replying to unsolicited emails, providers need to be aware not to

- A. Ask screening questions to determine persons appropriateness for treatment
- B. Create a provider-client relationship
- C. Encourage to seek help locally
- D. Politely share they are unable to help

#### 12. Risks of texting with a client may include

- A. Client Empowerment
- B. Threats to privacy and confidentiality
- C. Improved accessibility
- D. Strengthening therapeutic alliance

#### 13. Part of informed consent involves assessing clients

- A. Capacity to give consent
- B. Ability to pay for treatment
- C. Capability to commit to therapy
- D. Risk of harm to self or others.

# 14. Information that should be included on a telehealth informed consent form but not on an inperson consent form:

- A. Location of client
- B. Number of pets owned
- C. Emergency contact person
- D. Contact Phone Number

#### 15. If a client threatens to kill themselves, a provider is no longer bound to confidentiality because

- A. Threats are criminal and should be reported to the police
- B. The client is in need of documentation to be admitted to hospital.
- C. Disclosure is necessary to prevent serious, foreseeable, and imminent harm
- D. The informed consent for said so.

# 16. When providing services in multiple jurisdictions, the clinician must be aware that laws may differ across states regarding all except

- A. Age of consent
- B. HIPAA compliance
- C. Records retention
- D. Mandated reporting

#### 17. The most common error for Electronic Health Records is

- A. Inadequate training
- B. Software crashes
- C. Errors can not be corrected once submitted
- D. Accidentally documenting information for the wrong client

#### 18. Effects of errors on a provider includes

- A. Decreased quality of life
- B. Improved future confidence
- C. New learning opportunities
- D. Increased trust with clients

#### 19. Anger, erosion of trust, decreased respect, or feelings of betrayal are all examples of

- A. Effects of error on clinician
- B. Effects of errors on client
- C. Effects of errors on the client-clinicial relationship
- D. Effects of errors on institution

#### 20. Part of a provider's effective coping skills after a medical errors include

- A. Denying error
- B. Addressing negative emotions
- C. Ignoring negative emotions
- D. Problem solving the error

#### 21. A key aspect of responding to a colleagues' error is

- A. Giving them contact information of an attorney
- B. Asking them to share the details surrounding the error
- C. Giving them examples of other colleagues' who have made errors
- D. Not minimizing the importance of the incident

#### 22. This type of review aims to identify an error's underlying cause or causes.

- A. Root Cause Analysis
- B. Failure Mode Effects Analysis
- C. Medical Error Review Analysis
- D. Work Place Design Analysis

# 23. A psychological syndrome characterized by emotional exhaustion, depersonalization, and a reduced sense of personal accomplishment.

- A. Compassion Fatigue
- B. Secondary Victim
- C. Burnout
- D. PTSD

### 24. Is equal to, if not greater, the reason for medical errors as unsafe medical workplace conditions.

- A. Burnout
- B. Insufficient training
- C. Institutional culture of blame
- D. Sleep deprivation

#### 25. One way of increasing error reporting is by providing

- A. computer monitoring for adverse events
- B. anonymous adverse event reporting
- C. increased supervision
- D. reconciling client medication

#### 26. One general strategy to reduce risk across multiple areas is

- A. discharging clients immediately when their insurance lapses
- B. checking in on clients between sessions via text or email
- C. using the newest and emerging treatment techniques
- D. Accurate and timely documentation

#### 27. Can help combat burnout.

- A. Compassion satisfaction
- B. Spiritual Wellness
- C. Self care
- D. Psychological health

#### 28. Therapists should provide services

- A. To anyone who asks for them
- B. To anyone who can pay for them
- C. Only within the boundaries of their education and training
- D. To clients who are assigned to them by their supervisor.

#### 29. With a current or former client is considered unethical and may be illegal.

- A. Sexual contact
- B. Boundary Violation
- C. Being Facebook friends
- D. Texting

# 30. Psychiatrists (and other behavioral health providers) will experience the death of a client by suicide

A. 10%

B. 25%

C. 50%

D. 75%

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