Psych CE

Ethical and Clinical Considerations of AI-Enhanced Session Documentation

1. Despite the potential benefits of AI-assisted documentation, psychologists remain fully accountable for ensuring that documentation is:

A. Efficient, standardized, secure, and electronically accessible.
B. Organized, concise, compliant, and automatically generated.
C. Complete, automated, interoperable, and compatible with electronic health records.
D. Accurate, appropriate, secure, and consistent with professional standards.

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2. Which of the following is a primary benefit of AI-assisted clinical documentation?

A. Improved efficiency and reduced administrative burden
B. Replacement of all clinical judgment
C. Elimination of informed consent requirements
D. Guaranteed diagnostic accuracy

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3. The growing interest in AI-assisted documentation is closely tied to longstanding concerns regarding which of the following?

A. Rising costs of electronic health record software
B. Increased patient demand for telehealth appointments
C. Clinician burnout and documentation fatigue
D. Shortages of medical equipment in healthcare facilities

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4. Which ethical concern is most commonly discussed when using AI documentation systems in healthcare?

A. Internet speed
B. Patient privacy and confidentiality
C. Office furniture setup
D. Typing ability

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5. Which feature is commonly included in AI documentation platforms?

A. Predicting lottery outcomes
B. Replacing all psychotherapy
C. Managing hospital finances automatically
D. Speech-to-text transcription

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6. Which action best supports responsible AI documentation use?

A. Copying all AI-generated notes without review
B. Allowing untrained staff unrestricted access
C. Ignoring documentation errors
D. Reviewing and editing AI-generated content before finalizing notes

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7. It is important to recognize that AI systems do not "understand":

A. Clinical documentation standards
B. Statistical language patterns
C. Human behavior
D. Electronic health record workflows

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8. What does HIPAA primarily protect in healthcare documentation?

A. Patient health information
B. Clinician salaries
C. Software branding
D. Insurance company profits

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9. AI should be viewed as which of the following?

A. An independent clinical decision-maker
B. A documentation support tool
C. A primary source of diagnostic recommendations
D. A substitute for clinical reasoning

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10. Which situation creates the greatest risk when using AI documentation tools?

A. Using password protection
B. Entering sensitive information into unsecured platforms
C. Reviewing documentation carefully
D. Using encrypted systems

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11. Why should psychologists avoid relying solely on AI-generated clinical suggestions?

A. AI systems may misinterpret clinical information or overlook important contextual factors that require professional judgment.
B. AI systems are prohibited from assisting with documentation.
C. AI systems cannot store or organize clinical information.
D. AI systems always recommend more severe diagnoses than are clinically appropriate.

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12. Which of the following is an example of AI hallucination in documentation?

A. A clinician reviewing a note carefully
B. A therapist correcting a typo
C. An AI system generating inaccurate or fabricated information
D. A patient requesting records

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13. How does ambient documentation raise significant ethical and practical concerns?

A. It requires psychologists to share all session recordings with third-party vendors for quality assurance.
B. It captures sensitive clinical conversations, requiring informed consent and careful psychologist review because AI may misinterpret or omit important information.
C. It prevents psychologists from modifying documentation after it has been generated by AI.
D. It eliminates the need for psychologists to review documentation before it becomes part of the clinical record.

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14. What is the best role of AI in clinical documentation?

A. Serving as the sole clinical decision-maker
B. Eliminating all need for supervision
C. Providing legal advice independently
D. Supporting clinicians while maintaining human oversight

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15. Which of the following is identified as one of the most significant concerns associated with AI documentation systems?

A. Treatment plan standardization
B. Documentation efficiency
C. Confidentiality
D. Electronic health record integration

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16. Which practice best promotes accurate AI-generated documentation?

A. Using clear and structured clinical communication
B. Avoiding note review
C. Sharing passwords among staff
D. Documenting without patient consent when required

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17. According to the course, Automatic speech recognition, often referred to as ASR, is the foundational technology used in most transcription systems. What does ASR do?

A. It identifies symptoms and organizes information into structured note templates.
B. It generates treatment recommendations using probabilistic prediction patterns.

C. It analyzes speech patterns to flag potential clinical risks such as suicidal ideation.
D. It converts spoken language into written text by analyzing sound patterns and matching them to language models trained on large speech datasets.

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18. Which principle should guide the use of AI-assisted documentation in clinical practice?

A. They eliminate all documentation time
B. They may contain inaccuracies requiring clinician review
C. They prevent collaboration
D. They remove ethical obligations

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19. AI-generated notes should be viewed as:

A. Drafts or clinical support tools rather than authoritative records.
B. Structured documentation that improves communication among interdisciplinary treatment teams.
C. Standardized clinical records that support continuity of care.
D. Workflow tools that automatically populate relevant sections of the medical record.

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20. Which principle is essential when integrating AI into healthcare settings?

A. Reducing all human involvement
B. Ignoring workflow impact
C. Maintaining ethical and professional standards
D. Avoiding patient-centered care

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21. Which approach best supports transparency with patients regarding AI documentation?

A. Hiding AI use from patients
B. Refusing to answer patient questions
C. Allowing AI to communicate independently
D. Explaining how AI tools support documentation and confidentiality safeguards

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22. A psychologist uses AI-generated notes after sessions but notices occasional missing details about patient affect and risk concerns. What is the BEST response?

A. Review and supplement the notes before finalizing documentation
B. Ignore the missing information because AI created the note
C. Stop documenting entirely
D. Allow administrative staff to guess the missing details

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23. According to the course, competence in the context of AI-assisted documentation extends beyond general clinical skill and includes:

A. Clinical judgment, standardized documentation, and workflow integration
B. Speech recognition, natural language processing, and electronic health record integration
C. Risk assessment, treatment planning, and interdisciplinary communication
D. Technological understanding, ethical awareness, and familiarity with relevant legal requirements.

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24. A healthcare organization wants to implement an AI documentation platform. Which step should occur FIRST?

A. Purchase the least expensive software immediately
B. Evaluate compliance, security, workflow, and training needs
C. Eliminate all current documentation procedures
D. Allow all employees unrestricted access

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25. A clinician copies AI-generated diagnostic impressions directly into a report without verification. What is the primary concern?

A. The report font may look inconsistent
B. The clinician may work faster
C. Potential inaccuracies could negatively affect patient care and legal integrity
D. Insurance companies may prefer shorter notes

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26. According to APA Ethics Code Standard 4.01, psychologists are required to:

A. Take reasonable precautions to protect confidential information obtained through clinical work.
B. Obtain written informed consent before recording all psychotherapy sessions.
C. Use encrypted AI documentation systems for all psychotherapy records.
D. Limit recording retention and avoid unnecessary transmission of identifying information.

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27. According to the course, psychologists must recognize that:

A. AI-assisted technologies improve treatment engagement for all clients.
B. ndividuals with severe mental illness should not participate in AI-assisted documentation.
C. Technology integration does not affect all clients equally
D. AI-assisted documentation should be avoided whenever clients have legal involvement.

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28. A therapist discovers an AI documentation vendor stores session data on unsecured servers. What is the MOST appropriate action?

A. Continue using the system without concern
B. Share the issue publicly on social media only
C. Ignore the issue if the software is convenient
D. Discontinue or reevaluate the platform while addressing compliance and security concerns

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29. According to the course, what is essential in sessions involving suicidality or self-harm concerns?

A. AI-generated summaries combined with standardized documentation.
B. Automated documentation followed by periodic clinician review.
C. Manual review and individualized documentation.
D. Real-time transcription with integrated risk alerts.

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30. A patient asks whether AI is being used during documentation. What is the BEST clinician response?

A. Provide an honest explanation of how AI supports documentation while maintaining confidentiality protections
B. Refuse to answer the question
C. Tell the patient AI independently makes all treatment decisions
D. Avoid discussing documentation practices

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31. According to the course, what are essential to ensure that AI systems support rather than compromise quality care?

A. Standardized documentation and automated progress notes.
B. Predictive analytics and clinical decision support.
C. Workflow efficiency and early identification of clinical concerns.
D. Ongoing competence and critical evaluation.

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32. Which factor is most important when selecting an AI documentation platform?

A. The platform’s logo design
B. Security, compliance, usability, and integration with workflow
C. Whether it removes all clinician oversight
D. Whether it guarantees perfect outcomes

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33. According to the course, meaningful informed consent also requires:

A. Ongoing dialogue rather than a one-time signature at intake.
B. A comprehensive written consent form reviewed annually.
C. Documentation that clients understand machine learning algorithms and predictive analytics.
D. Limiting AI-assisted technologies to clients with high digital literacy.

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34. Which statement best reflects ethical practice regarding equity and access?

A. AI-assisted technologies improve access for all clients equally.
B. Digital literacy is no longer a barrier to care.
C. AI systems eliminate disparities in mental healthcare.

D. Psychologists should avoid assuming that all clients have equal access to or comfort with technology.

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35. Which statement best describes clinician responsibility when using AI documentation tools?

A. AI systems are legally responsible for all documentation
B. Clinicians no longer need documentation training
C. Clinicians remain accountable for the accuracy and appropriateness of documentation
D. Documentation standards no longer apply

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36. AI-generated notes should always be reviewed carefully for:

A. Accuracy, completeness, and cultural sensitivity.
B. Workflow efficiency, billing accuracy, and treatment planning.
C. Administrative consistency, reimbursement, and note formatting.
D. Emotional tone, predictive analytics, and behavioral pattern recognition.

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37. What is the best strategy for minimizing AI documentation errors?

A. Relying fully on automation
B. Avoiding staff training
C. Using AI without quality checks
D. Implementing regular review, staff training, and quality assurance processes

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38. Effective treatment continues to depend on:

A. Predictive analytics, workflow efficiency, collaboration, and continuity of care.
B. Clinical documentation, emotional recognition, professional integrity, and organization.
C. Empathy, trust, collaboration, and emotional attunement.
D. Transparency, digital monitoring, therapeutic connection, and administrative support.

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39. Which of the following should be included in informed consent when AI documentation tools are used?

A. The software company's marketing materials
B. An explanation of how AI is used, potential risks, data storage practices, and confidentiality protections
C. A guarantee that AI-generated notes will be error-free
D. The clinician's personal opinions about technology

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40. Which statement best reflects the appropriate role of technology in psychotherapy?

A. Technology should enhance rather than diminish the humanity of psychotherapy.
B. Technology may improve efficiency and continuity of care.

C. AI systems may support administrative and organizational tasks.
D. AI-generated notes should be treated as supportive tools rather than replacements for professional judgment.

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