

Psych CE

Evaluating the Therapeutic Value of Psychedelics

1. The prohibition of psychedelic drugs in the United States was influenced by all of the following factors except:

- A. The rise of the counterculture
 - B. Vietnam War Protests
 - C. Lack of standards in clinical trials
 - D. Recreational drug use
-

2. Most psychedelic substances are classified as Schedule I drugs. What does this classification indicate?

- A. They have a high risk of abuse and no accepted medical use
 - B. They have a high risk of abuse but have medical use
 - C. They have a low risk of abuse and no accepted medical use
 - D. They have a low risk of abuse and have medical use
-

3. What are classic psychedelics?

- A. Dopamine-receptor agonists
 - B. Glutamat-receptor agonists
 - C. Norepinephrine agonist
 - D. Serotonin-receptor agonists
-

4. Psilocybin is commonly referred to by which of the following names?

- A. Ecstasy
 - B. Magic mushrooms
 - C. Lucy
 - D. Dots
-

5. LSD is synthesized by combining diethylamide with which naturally occurring fungus?

- A. Morning glory seeds
 - B. Ergot
 - C. Peyote
 - D. Ibogaine
-

6. Mescaline is derived from which of the following?

- A. A flowering plant
 - B. A shrub
 - C. A cactus
 - D. A fungus
-

7. DMT is often referred to as the _____ due to the profound, life-changing experiences reported by users.

- A. Spirit molecule
 - B. Special K
 - C. Magic mushroom
 - D. Ecstasy
-

8. Ketamine has historically been a legal drug primarily used as _____.

- A. a pain killer
 - B. a stimulant
 - C. a sleep aid
 - D. an anesthetic
-

9. What is MDMA classified as due to its ability to create feelings of euphoria and social connectedness?

- A. A vasopressin
 - B. An entactogen
 - C. A depressant
 - D. A stimulant
-

10. This psychedelic has shown a reduction in withdrawal symptoms, reductions in drug cravings and use, and even a complete cessation of drug use.

- A. Ibogaine
 - B. MDMA
 - C. Ketamine
 - D. LSD
-

11. One way psychedelics work is by increasing the serotonergic signaling which in turn decreases the threat sensitivity, this helps treat anxiety and depression by

- A. increasing hyper-connectivity
- B. increasing amygdala reactivity
- C. reducing modulation of glutamate

D. reducing the negative cognitive bias

12. One theory on how psychedelics work is

- A. by resetting a person's default mode network
 - B. they are only effective with psychotherapy
 - C. by stimulating numerous neurotransmitters at once
 - D. by decreasing overproduction of hormones
-

13. Researchers are still trying to understand the correlation of how _____ improves therapeutic outcomes.

- A. classic psychedelics
 - B. non-classic psychedelics
 - C. mystical-type experiences
 - D. psychedelic tourism
-

14. _____ is experienced whenever humans encounter stimuli so vast and novel that they must alter their understanding of reality.

- A. Reality
 - B. Awe
 - C. Rumination
 - D. Empathy
-

15. In most clinical trials and treatment models the _____ consists of rapport building, history gathering, and psychoeducation.

- A. preparation session
 - B. dosing session
 - C. integration session
 - D. follow-up session
-

16. In most clinical trials and treatment models the _____ consists of experience and insights being explored and reinforcing the desired changes.

- A. preparation session
 - B. dosing session
 - C. integration session
 - D. follow-up session
-

17. The _____ is to protect the safety and welfare of participants and outline principles governing treatment decisions made by providers.

- A. confidentiality
 - B. therapeutic alliance
 - C. safety protocol
 - D. code of ethics
-

18. These are the three main risks associated with psychedelic therapy except

- A. potential for a bad trip
 - B. serotonin agonist
 - C. potential to trigger an underlying psychotic disorder
 - D. short-term physiological reactions
-

19. _____ is the practice of taking a small amount of psychedelic every few days to experience the benefits without the high.

- A. micro-dosing
 - B. macrodosing
 - C. mezzodosing
 - D. mixed dosing
-

20. The FDA approved _____ on a limited basis to treat major depressive disorder and treatment resistant depression.

- A. Ketamine
 - B. Esketamine
 - C. MDMA
 - D. DMT
-

Copyright © 2025 Psych CE

Visit us at <https://www.psychce.com>