

# Psych CE

## How Behavioral Health Providers Are Addressing Substance Misuse Trends and Outcomes

**1. Which factor has contributed to the increase in substance misuse related to cannabis?**

- A. Increased rates of incarceration for substance misuse
  - B. Higher THC levels available in cannabis
  - C. Decreased public stigma around substance use
  - D. Increase in the use of synthetic cannabinoids
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**2. What has been a significant barrier to the treatment of emerging drug misuse in emergency departments?**

- A. Lack of insurance coverage for emerging substances
  - B. Insufficient staffing levels to handle cases
  - C. Inability to test for new substances quickly and effectively
  - D. High cost of treatment for novel substances
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**3. How does the TAPS tool enhance screening for substance misuse?**

- A. By using multiple lengthy assessments for different substances
  - B. By focusing solely on opioid misuse
  - C. By integrating screening and brief assessment for frequently used substances
  - D. By providing genetic screening for predisposition to substance use disorders
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**4. Which evidence-based treatment is used to help mitigate alcohol cravings in individuals with alcohol use disorder?**

- A. Methadone
  - B. Naltrexone
  - C. Buprenorphine
  - D. Naloxone
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**5. What impact does socioeconomic status have on substance use among adolescents?**

- A. Higher socioeconomic status decreases the risk of tobacco use
  - B. Lower parental education increases the risk of cannabis use
  - C. Low socioeconomic status increases the risk of cannabis use
  - D. High socioeconomic status increases the risk of cocaine use
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**6. Which of the following would be considered a harm reduction strategy for substance use disorder?**

- A. Naloxone Distribution Programs
  - B. Cognitive Behavioral Therapy
  - C. Motivational Interviewing
  - D. Dialectal Behavioral Therapy
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**7. Which evidence-based treatment involves reinforcing sobriety with tangible rewards?**

- A. Motivational Interviewing
  - B. Dialectal Behavioral Therapy
  - C. Contingency Management
  - D. Eye Movement Desensitization and Reprocessing
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**8. Which of the following medications is classified as an opioid receptor antagonist?**

- A. Naltrexone
  - B. Methadone
  - C. Buprenorphine
  - D. Lofexidine
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**9. Trauma-informed care focuses on which of the following principles?**

- A. Promoting emotional stability and symptom reduction through dual stimulation
  - B. Encouraging client safety and minimizing re-traumatization
  - C. Providing client-centered motivational strategies for change
  - D. Rewarding clients for maintaining recovery goals
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**10. What is Cognitive Behavioral Therapy primarily aimed at?**

- A. Encouraging client motivation through personal values
  - B. Teaching skills for emotion regulation and mindfulness
  - C. Exploring how thoughts and behaviors perpetuate substance use
  - D. Healing the brain's information-processing system
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