

# Psych CE

## Implicit Bias in Behavioral Health

**1. Stereotypes, prejudice, and discrimination are all forms of:**

- A. Explicit bias
  - B. Implicit bias
  - C. Unconscious bias
  - D. Organizational bias
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**2. \_\_\_\_\_ is often subtle and outside the person's conscious awareness.**

- A. Explicit bias
  - B. Implicit bias
  - C. Conscious bias
  - D. Organizational bias
- 

**3. \_\_\_\_\_ of providers hold some form of implicit bias against a marginalized group.**

- A. 1/4
  - B. 1/3
  - C. 1/2
  - D. 2/3
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**4. Clients with mental illness commonly experience \_\_\_\_\_ from health professionals.**

- A. Positive therapeutic alliance
  - B. Person-centered care
  - C. Microaggressions
  - D. Linguistic competency
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**5. \_\_\_\_\_ are one of the biggest providers of mental health services in the United States.**

- A. Schools
  - B. Hospitals
  - C. Community mental health centers
  - D. Prisons
- 

**6. What type of motivation do people need in order for change to happen?**

- A. Internal

- B. External
  - C. Conscious
  - D. Unconscious
- 

**7. Conscious and deliberative thinking \_\_\_\_\_ the connection between implicit biases and overt behaviors.**

- A. Increases
  - B. Decreases
  - C. Maintains
  - D. Improves
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**8. One way to lower the chances of biases being activated is:**

- A. Participating in more trainings
  - B. Maintaining relationships with ingroup members
  - C. Having positive interactions with other group members
  - D. Having a fMRI scan
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**9. What measures unconscious bias?**

- A. Microaggressions
  - B. Neuroscience
  - C. MRI scan
  - D. Implicit association test
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**10. What must organizations commit to in order to address institutional unconscious bias?**

- A. Culture shift
  - B. Climate survey
  - C. Vision statement
  - D. Creation of a diversity committee
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