

Psych CE

Implicit Bias in Behavioral Health

1. Stereotypes, prejudice, and discrimination are all forms of:

- A. Explicit bias
 - B. Implicit bias
 - C. Unconscious bias
 - D. Organizational bias
-

2. _____ is often subtle and outside the person's conscious awareness.

- A. Explicit bias
 - B. Implicit bias
 - C. Conscious bias
 - D. Organizational bias
-

3. _____ of providers hold some form of implicit bias against a marginalized group.

- A. 1/4
 - B. 1/3
 - C. 1/2
 - D. 2/3
-

4. Clients with mental illness commonly experience _____ from health professionals.

- A. Positive therapeutic alliance
 - B. Person-centered care
 - C. Microaggressions
 - D. Linguistic competency
-

5. _____ are one of the biggest providers of mental health services in the United States.

- A. Schools
 - B. Hospitals
 - C. Community mental health centers
 - D. Prisons
-

6. What type of motivation do people need in order for change to happen?

- A. Internal**
 - B. External**
 - C. Conscious**
 - D. Unconscious**
-

7. Conscious and deliberative thinking _____ the connection between implicit biases and overt behaviors.

- A. Increases**
 - B. Decreases**
 - C. Maintains**
 - D. Improves**
-

8. One way to lower the chances of biases being activated is:

- A. Participating in more trainings**
 - B. Maintaining relationships with ingroup members**
 - C. Having positive interactions with other group members**
 - D. Having a fMRI scan**
-

9. What measures unconscious bias?

- A. Microaggressions**
 - B. Neuroscience**
 - C. fMRI scan**
 - D. Implicit association test**
-

10. What must organizations commit to in order to address institutional unconscious bias?

- A. Culture shift**
 - B. Climate survey**
 - C. Vision statement**
 - D. Creation of a diversity committee**
-