

Psych CE

Implicit Bias in Behavioral Health

1. Stereotypes, prejudice, and discrimination are all forms of:

- A. Explicit bias
- B. Implicit bias
- C. Unconscious bias
- D. Organizational bias

2. _____ is often subtle and outside the person's conscious awareness.

- A. Explicit bias
- B. Implicit bias
- C. Conscious bias
- D. Organizational bias

3. _____ of providers hold some form of implicit bias against a marginalized group.

- A. 1/4
- B. 1/3
- C. 1/2
- D. 2/3

4. Clients with mental illness commonly experience _____ from health professionals.

- A. Positive therapeutic alliance
- B. Person-centered care
- C. Microaggressions
- D. Linguistic competency

5. _____ are one of the biggest providers of mental health services in the United States.

- A. Schools
- B. Hospitals
- C. Community mental health centers
- D. Prisons

6. What type of motivation do people need in order for change to happen?

- A. Internal

- B. External
- C. Conscious
- D. Unconscious

7. Conscious and deliberative thinking _____ the connection between implicit biases and overt behaviors.

- A. Increases
- B. Decreases
- C. Maintains
- D. Improves

8. One way to lower the chances of biases being activated is:

- A. Participating in more trainings
- B. Maintaining relationships with ingroup members
- C. Having positive interactions with other group members
- D. Having a fMRI scan

9. What measures unconscious bias?

- A. Microaggressions
- B. Neuroscience
- C. MRI scan
- D. Implicit association test

10. What must organizations commit to in order to address institutional unconscious bias?

- A. Culture shift
- B. Climate survey
- C. Vision statement
- D. Creation of a diversity committee

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