

Psych CE

Implicit Bias in Behavioral Health

1. Stereotypes, prejudice, and discrimination are all forms of:

- A. Explicit bias
 - B. Implicit bias
 - C. Unconscious bias
 - D. Organizational bias
-

2. _____ is often subtle and outside the person's conscious awareness.

- A. Explicit bias
 - B. Implicit bias
 - C. Conscious bias
 - D. Organizational bias
-

3. _____ of providers hold some form of implicit bias against a marginalized group.

- A. 1/4
 - B. 1/3
 - C. 1/2
 - D. 2/3
-

4. Clients with mental illness commonly experience _____ from health professionals.

- A. Positive therapeutic alliance
 - B. Person-centered care
 - C. Microaggressions
 - D. Linguistic competency
-

5. _____ are one of the biggest providers of mental health services in the United States.

- A. Schools
 - B. Hospitals
 - C. Community mental health centers
 - D. Prisons
-

6. What type of motivation do people need in order for change to happen?

- A. Internal

- B. External
 - C. Conscious
 - D. Unconscious
-

7. Conscious and deliberative thinking _____ the connection between implicit biases and overt behaviors.

- A. Increases
 - B. Decreases
 - C. Maintains
 - D. Improves
-

8. One way to lower the chances of biases being activated is:

- A. Participating in more trainings
 - B. Maintaining relationships with ingroup members
 - C. Having positive interactions with other group members
 - D. Having a fMRI scan
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9. What measures unconscious bias?

- A. Microaggressions
 - B. Neuroscience
 - C. MRI scan
 - D. Implicit association test
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10. What must organizations commit to in order to address institutional unconscious bias?

- A. Culture shift
 - B. Climate survey
 - C. Vision statement
 - D. Creation of a diversity committee
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