

# Psych CE

## Introduction to Personality Disorder

1. All of the following but one are a common symptom of Schizotypal personality disorder. Which does not belong?

- A. Flat emotions
  - B. Desire to build close relationships with others
  - C. Belief in special powers
  - D. Spending time alone
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2. Which of the following is thought of as a good option for treating patients with Borderline personality disorder?

- A. Narrative reprocessing
  - B. Family therapy
  - C. Dialectical Behavioral Therapy
  - D. Cognitive restructuring
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3. Which of the following is a common comorbid condition for patients with a personality disorder?

- A. Schizophrenia
  - B. Dissociative Identity Disorder
  - C. Heart failure
  - D. Substance use
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4. Cluster B personality traits are thought of as which of the following?

- A. Dramatic
  - B. Anxious
  - C. Odd
  - D. Eccentric
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5. All of the following disorders except one is classified under Cluster C personality disorder. Which does not belong?

- A. Avoidant personality disorder
  - B. Histrionic personality disorder
  - C. Dependent personality disorder
  - D. Obsessive-compulsive personality disorder
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**6. What is the definition of a schema?**

- A. Positive thoughts and beliefs about one's self**
  - B. Stories that patients tell themselves**
  - C. Enduring and self-defeating thought patterns that begin late in life**
  - D. Enduring and self-defeating thought patterns that begin early in life**
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**7. Which of the following disorders is strongly associated with suicidal ideation and attempting?**

- A. Histrionic personality disorder**
  - B. Schizoid personality disorder**
  - C. Obsessive-compulsive personality disorder**
  - D. Paranoid personality disorder**
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**8. Dialectical behavioral therapy requires all of the following except 1 service for patients to utilize. What does not fit?**

- A. Group therapy**
  - B. Individual therapy**
  - C. Crisis supports**
  - D. Inpatient treatment**
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**9. Which of the following disorders is strongly associated with law-breaking and criminal activities?**

- A. Paranoid personality disorder**
  - B. Dependent personality disorder**
  - C. Antisocial personality disorder**
  - D. Obsessive-compulsive personality disorder**
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**10. Fear of abandonment and rejection is common in which of the following disorders?**

- A. Dependent personality disorder**
  - B. Schizoid personality disorder**
  - C. Paranoid personality disorder**
  - D. Antisocial personality disorder**
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