

Psych CE

Introduction to Personality Disorder

1. All of the following but one are a common symptom of Schizotypal personality disorder. Which does not belong?

- A. Flat emotions
- B. Desire to build close relationships with others
- C. Belief in special powers
- D. Spending time alone

2. Which of the following is thought of as a good option for treating patients with Borderline personality disorder?

- A. Narrative reprocessing
- B. Family therapy
- C. Dialectical Behavioral Therapy
- D. Cognitive restructuring

3. Which of the following is a common comorbid condition for patients with a personality disorder?

- A. Schizophrenia
- B. Dissociative Identity Disorder
- C. Heart failure
- D. Substance use

4. Cluster B personality traits are thought of as which of the following?

- A. Dramatic
- B. Anxious
- C. Odd
- D. Eccentric

5. All of the following disorders except one is classified under Cluster C personality disorder. Which does not belong?

- A. Avoidant personality disorder
- B. Histrionic personality disorder
- C. Dependent personality disorder
- D. Obsessive-compulsive personality disorder

6. What is the definition of a schema?

- A. Positive thoughts and beliefs about one's self
- B. Stories that patients tell themselves
- C. Enduring and self-defeating thought patterns that begin late in life
- D. Enduring and self-defeating thought patterns that begin early in life

7. Which of the following disorders is strongly associated with suicidal ideation and attempting?

- A. Histrionic personality disorder
- B. Schizoid personality disorder
- C. Obsessive-compulsive personality disorder
- D. Paranoid personality disorder

8. Dialectical behavioral therapy requires all of the following except 1 service for patients to utilize. What does not fit?

- A. Group therapy
- B. Individual therapy
- C. Crisis supports
- D. Inpatient treatment

9. Which of the following disorders is strongly associated with law-breaking and criminal activities?

- A. Paranoid personality disorder
- B. Dependent personality disorder
- C. Antisocial personality disorder
- D. Obsessive-compulsive personality disorder

10. Fear of abandonment and rejection is common in which of the following disorders?

- A. Dependent personality disorder
- B. Schizoid personality disorder
- C. Paranoid personality disorder
- D. Antisocial personality disorder
