

Psych CE

Issues Impacting American Indian and Alaska Native Populations Across the Lifespan

1. There are _____ federally recognized tribes in the United States.

- A. 672
 - B. 836
 - C. 574
 - D. 475
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2. The goal of the _____ era was to give settlers access to traditional tribal lands and assimilate tribes.

- A. Relocation
 - B. Assimilation
 - C. Removal
 - D. Reservation
-

3. Environmental justice is important to AI/AN communities because

- A. natural resources are expensive.
 - B. land is viewed as a cultural resource and sacred.
 - C. pipelines are dangerous.
 - D. there are land treaties.
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4. Genocide includes all but

- A. sterilization
 - B. killing members of group
 - C. causing serious mental harm
 - D. assimilation
-

5. A mass cumulative trauma across generations and communities is

- A. historical trauma
 - B. genocide
 - C. assimilation
 - D. allotment
-

6. Factors that impact youth obesity include all but

- A. sedentary lifestyle**
 - B. lack of fruits and vegetables**
 - C. academic difficulties**
 - D. parental obesity**
-

7. _____ percent of AI/AN families live in poverty.

- A. 20%**
 - B. 40%**
 - C. 60%**
 - D. 10%**
-

8. Depressive symptoms, suicidal ideations, alcohol use, and lack of feeling like school matters are all tied to.

- A. poverty**
 - B. victimization**
 - C. assimilation**
 - D. obesity**
-

9. AI/AN binge drinking rates are _____ times higher than all other ethnicities.

- A. two**
 - B. four**
 - C. five**
 - D. ten**
-

10. AI/AN youth typically start using drugs _____ before non-AI/AN youth.

- A. 1-2 years**
 - B. 2-4 years**
 - C. 2-6 years**
 - D. 4-6 years**
-

11. _____ are abuse, neglect, and other traumatic events experienced before the age of 18.

- A. domestic violence**
 - B. victimization**
 - C. historical trauma**
 - D. adverse childhood experiences**
-

12. _____ is the second leading cause of death for AI/AN youth

- A. suicide**
 - B. accidents**
 - C. overdoses**
 - D. murder**
-

13. Targeting and strengthening _____ are more effective at reducing suicide rates among AI/AN youth

- A. risk factors**
 - B. protective factors**
 - C. drug resilience**
 - D. restorative justice**
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14. AI/AN students perform at _____ grade levels below their non-AI/AN peers

- A. 1-2**
 - B. 2-3**
 - C. 3-4**
 - D. 4-5**
-

15. Exposure to domestic violence, child abuse, and drug and alcohol use are all risk factors for

- A. suicide**
 - B. obesity**
 - C. delinquency**
 - D. poverty**
-

16. AI/AN life expectancy is _____ years shorter than all other races in the United States.

- A. 3**
 - B. 5.5**
 - C. 6.5**
 - D. 7**
-

17. In 2020 _____ was the leading cause of death among AI/ANs.

- A. suicide**
 - B. liver disease**
 - C. diabetes**
 - D. COVID-19**
-

18. Poor outcomes in maternal health care may be due to all except:

- A. lack of insurance**
 - B. discrimination**
 - C. previous children**
 - D. chronic diseases**
-

19. Treating patients with consideration for their cultural needs and their healthcare needs is:

- A. culturally competent healthcare**
 - B. discriminatory practices**
 - C. favoritism**
 - D. social justice**
-

20. _____% of AI/ANs are obese.

- A. 21%**
 - B. 31%**
 - C. 41%**
 - D. 51%**
-

21. Contributing factors to adult obesity are all except

- A. high stress levels**
 - B. sedentary lifestyle**
 - C. adverse childhood experiences**
 - D. diabetes**
-

22. The most common mental health disorder for AI/AN women is

- A. PTSD**
 - B. Bipolar**
 - C. Depression**
 - D. Anxiety**
-

23. A serious barrier to mental health treatment for AI/AN people is

- A. poverty**
 - B. trusting western medicines treatments**
 - C. Depression**
 - D. violence**
-

24. This legislative policy allows tribal courts to prosecute non-native perpetrators of abuse.

- A. Savanna's Act**
 - B. Not Invisible Act**
 - C. Lady Justice Act**
 - D. Violence Against Women Act**
-

25. AI/ANs have the ____ rate of substance use of any racial/ethnic group in the U.S.

- A. lowest**
 - B. same**
 - C. highest**
 - D. second highest**
-

26. 43% of these types of AI/AN heads of household families live in poverty.

- A. unmarried mothers**
 - B. married mothers**
 - C. unmarried fathers**
 - D. grandparent**
-

27. Women who are responsible for the caretaking of elderly family members are more likely to

- A. be in poor health**
 - B. be a perpetrator of elder abuse**
 - C. be neglectful of their children**
 - D. be employed under challenging conditions**
-

28. AI/AN individuals who combined traditional gender roles according to their own personal traits were labeled as

- A. homosexual**
 - B. two-spirit**
 - C. deviant**
 - D. sun dancers**
-

29. The households with the highest rates of elder abuse

- A. have low income for the caregiver and elder**
- B. have a high income for the caregiver and elder**
- C. have a high income for the caregiver and low income for elder**

D. have a low income for the caregiver and high income for the elder

30. One in ____ AI/AN adults have been diagnosed with diabetes.

A. 2

B. 3

C. 4

D. 6

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