Psych CE

Issues Impacting American Indian and Alaska Native Populations Across the Lifespan

1. There are _____ federally recognized tribes in the United States.

A. 672
B. 836
C. 574
D. 475

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2. The goal of the _____ era was to give settlers access to traditinal tribal lands and assimilate tribes.

A. Relocation
B. Assimilation
C. Removal
D. Reservation

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3. Environmental justice is important to AI/AN communities because

A. natural resources are expensive.
B. land is viewed as a cultural resource and sacred.
C. pipelines are dangerous.
D. there are land treaties.

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4. Genocide includes all but

A. sterilization
B. killing members of group
C. causing serious mental harm
D. assimilation

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5. A mass cumulative trauma across generations and communities is

A. historical trauma
B. genocide
C. assimilation
D. allotment

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6. Factors that impact youth obesity include all but

A. sedentary lifestyle
B. lack of fruits and vegetables
C. academic difficulties
D. parental obesity

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7. ____ percent of AI/AN families live in poverty.

A. 20%
B. 40%
C. 60%
D. 10%

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8. Depressive symptoms, suicidal ideations, alcohol use, and lack of feeling like school matters are all tied to.

A. poverty
B. victimization
C. assimilation
D. obesity

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9. AI/AN binge drinking rates are ____ times higher than all other ethnicities.

A. two
B. four
C. five
D. ten

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10. AI/AN youth typically start using drugs _____ before non-AI/AN youth.

A. 1-2 years
B. 2-4 years
C. 2-6 years
D. 4-6 years

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11. _____ are abuse, neglect, and other traumatic events experienced before the age of 18.

A. domestic violence
B. victimization
C. historical trauma
D. adverse childhood experiences

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12. _____ is the second leading cause of death for AI/AN youth

A. suicide
B. accidents
C. overdoses
D. murder

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13. Targeting and stregthening _____ are more effective at reducing suicide rates among AI/AN youth

A. risk factors
B. protective factors
C. drug resilience
D. restorative justice

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14. AI/AN students perform at ____ grade levels below their non-AI/AN peers

A. 1-2
B. 2-3
C. 3-4
D. 4-5

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15. Exposure to domestic violence, child abuse, and drug and alcohol use are all risk factors for

A. suicide
B. obesity
C. delinquency
D. poverty

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16. AI/AN life expectancy is ____ years shorter than all other races in the United States.

A. 3
B. 5.5
C. 6.5
D. 7

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17. In 2020 ____ was the leading cause of death among AI/ANs.

A. suicide
B. liver disease
C. diabetes
D. COVID-19

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18. Poor outcomes in maternal health care may be due to all except:

A. lack of insurance
B. discrimination
C. previous children
D. chronic diseases

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19. Treating patients with consideration for their cultural needs and their healthcare needs is:

A. culturally compentent healthcare
B. discriminatory practices
C. favoritism
D. social justice

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20. _____% of AI/ANs are obese.

A. 21%
B. 31%
C. 41%
D. 51%

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21. Contributing factors to adult obesity are all except

A. high stress levels
B. sedentary lifestyle
C. adverse childhood experiences
D. diabetes

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22. The most common mental health disorder for AI/AN women is

A. PTSD
B. Bipolar
C. Depression
D. Anxiety

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23. A serious barrier to mental health treatment for AI/AN people is

A. poverty
B. trusting western medicines treatments
C. Depression
D. violence

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24. This legislative policy allows tribal courts to procsecute non-native perpetrators of abuse.

A. Savanna's Act
B. Not Invisible Act
C. Lady Justice Act
D. Violence Against Women Act

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25. AI/ANs have the ____ rate of substance use of any racial/ethinc group in the U.S.

A. lowest
B. same
C. highest
D. second highest

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26. 43% of these types of AI/AN heads of household families live in poverty.

A. unmarried mothers
B. married mothers
C. unmarried fathers
D. grandparent

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27. Women who are responsible for the caretaking of elderly family members are more likely to

A. be in poor health
B. be a perpetrator of elder abuse
C. be neglectful of their children
D. be employed under challenging conditions

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28. AI/AN individuals who combined traditional gender roles according to their own personal traits were labeled as

A. homosexual
B. two-spirit
C. deviant
D. sun dancers

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29. The households with the highest rates of elder abuse

A. have low income for the caregiver and elder
B. have a high income for the caregiver and elder
C. have a high income for the care giver and low income for elder
D. have a low income for the caregiver and high income for the elder

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30. One in ___ AI/AN adults have been diagnosed with diabetes.

A. 2
B. 3
C. 4
D. 6

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