

Psych CE

Opioid Use and Its Impact on Clinical Practice

1. Which medication is approved by the FDA for treatment of opioid use disorder?

- A. Methadone
 - B. Naloxone
 - C. Diazepam
 - D. Sertraline
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2. The DAST-10 is used to assess:

- A. Severity of drug use
 - B. Psychotic symptoms
 - C. Pain perception
 - D. Cognitive ability
-

3. Which therapeutic modality is based on enhancing motivation for change?

- A. CBT
 - B. DBT
 - C. ACT
 - D. MI
-

4. Which agency developed TIP 63 for MOUD?

- A. CDC
 - B. APA
 - C. SAMHSA
 - D. DEA
-

5. Which screening tool is most appropriate for adolescent substance use?

- A. PHQ-9
 - B. AUDIT
 - C. DAST-10
 - D. CRAFFT
-

6. Naloxone is best described as a(n):

- A. Opioid agonist

- B. Antidepressant
 - C. Opioid antagonist
 - D. Painkiller
-

7. The 'X-waiver' was related to which medication?

- A. Naltrexone
 - B. Buprenorphine
 - C. Naloxone
 - D. Methadone
-

8. Which of the following is a harm reduction strategy?

- A. Random drug testing
 - B. Needle exchange
 - C. Jail diversion
 - D. 12-step only treatment
-

9. What is the primary focus of trauma-informed care?

- A. Behavior correction
 - B. Crisis intervention
 - C. Understanding impact of trauma
 - D. Medical detox
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10. Which of the following is NOT a DSM-5-TR criterion for OUD?

- A. Craving
 - B. Tolerance
 - C. Withdrawal
 - D. Mania
-

11. Which therapy is the most widely used integrated therapy?

- A. Prolonged Exposure
 - B. Seeking Safety
 - C. Psychodynamic Therapy
 - D. Narrative Therapy
-

12. Person-first language helps reduce:

- A. Pain
- B. Withdrawal
- C. Stigma

D. Addiction

13. What does the acronym MOUD stand for?

- A. Medication-Only Use Detox
 - B. Maintenance of Usual Doses
 - C. Medications for Opioid Use Disorder
 - D. Moderated Opioid Usage Diagnosis
-

14. Which psychological theory underpins contingency management?

- A. Cognitive theory
 - B. Behavioral Theory
 - C. Psychoanalysis
 - D. Existential therapy
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15. If a clinician is assessing patient's readiness to change by describing a scale of pain from 1-10, such as, "You mentioned that your pain level is a 9 out of 10, what would it take to get to an 8?, what type of techniques are being used?

- A. Existential Therapy
 - B. ACT
 - C. MI
 - D. REBT
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16. Which is a social determinant influencing OUD risk?

- A. Family genetics
 - B. Pain tolerance
 - C. Housing insecurity
 - D. Receptor sensitivity
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17. Which organization publishes the Clinical Practice Guidelines for Prescribing Opioids?

- A. SAMHSA
 - B. CDC
 - C. APA
 - D. FDA
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18. Which racial group has seen a disproportionately rising rate of opioid mortality?

- A. Black Americans
- B. Asian Americans
- C. White Americans

D. Pacific Islanders

19. What is a core ethical principle in treating clients with OUD?

- A. Fidelity
 - B. Nonmaleficence
 - C. Loyalty
 - D. Autonomy
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20. If a patient is dealing with urges and triggers, with automatic thoughts such as "I cannot sleep without the pain medications", what type of treatment will the clinician use?

- A. CBT
 - B. ACT
 - C. DBT
 - D. Psychodynamic Therapy
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